Patient handout Faecal incontinence in children

Bowel and stool charts

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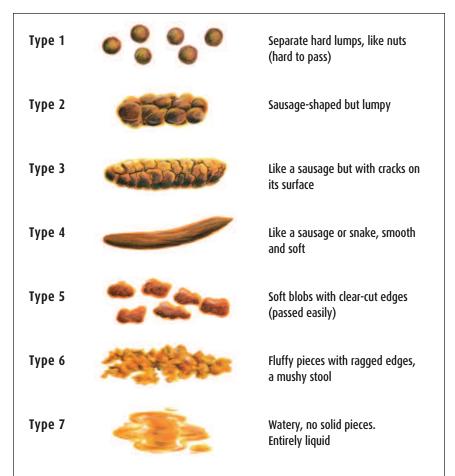
Name:

It is very important to record your poos daily using the chart below, so we can decide if there is a problem that you need help with. The pictures in the stool chart on the next page will help you to know what type the poo is.

Date	Time of the poo	Type of poo (see stool chart)	Did you have to strain or push?	Was there any pain or blood?	Was there any soiling? If so, how much and at what time?	Medications taken and at what time?	Any other comment? e.g. size of poo, with- holding behaviour

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The Bristol stool chart



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